

Tear along perforated line



HOME MANAGEMENT

Washington
1977

Home Management

**A
selected
list of books
that have appeared in
Talking Book Topics
and
Braille Book Review**

**Division
for the Blind
and
Physically
Handicapped**

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INTRODUCTION

**A man's home is his castle.
—Old English Proverb**

A man's home is still his castle, but much has changed since this popular phrase was coined. Men and women are breaking away from old roles and exercising their minds and talents in areas once forbidden, often with surprising results. Home Management is devoted to those readers, men and women alike, who want to make their home and the world around it a safer, more enjoyable place to live in.

This annotated bibliography groups selected nonfiction braille and talking-book titles in six topical sections. Many of the titles listed offer helpful solutions to problems confronting families today. In the "Home Improvement" section, families concerned with the rising cost of goods and services may find ways to save money on repairs and refurbishing, and do-it-yourselfers may find a few new ideas to add to their list of projects.

In the "Cooking" section, novices, master chefs, and gourmets will find a

variety of books with menus and recipes for everyday living and special occasions, as well as advice on food shopping and diets. Food enthusiasts may also wish to refer to the books on herbs and organic foods listed in the "Gardening" section, which also contains guides on indoor plants, home gardening, and new techniques.

Expectant parents and fathers and mothers perplexed by the mysteries of child rearing may find answers to questions on behavior, education, and illnesses in the "Child Care" section.

For those who seek to strengthen their defenses against continued inflation and deceptive practices in the marketplace, books in the "Personal Finance" section suggest a variety of techniques for stretching the pocketbook and enlarging the portfolio. The books listed under "Consumer Protection" are designed to provide better information on the rights of the buyer, the duties of the seller, and fraudulent sales techniques.

Each section groups adult and children's selections together under the headings "Discs," "Cassettes," and "Braille." Where applicable, annotations indicate the suggested grade level.

In the index at the back of this bibliography, books are arranged alphabetically by title and author under the headings "Discs," "Cassettes," and "Braille." Disc and cassette books are also indexed by narrator.

HOME IMPROVEMENT

Be it ever so humble,
there's no place like home.
—John Howard Payne,
Clari, the Maid of Milan

DISCS

The Bride's Guide for Young Marrieds

by Betty Rolston,
narrated by Terry Hayes
Sales, 4R.APH

RD 6775

This comprehensive guide offers practical advice on money management, housekeeping, furnishings, food shopping, meal planning, and entertaining. Helpful to couples who are newly married or planning to marry.

Handbook for the Home

by U.S. Department of
Agriculture, narrated by

Donald Hotaling, 7R.AFB **RD 7289**

This 1973 Yearbook of Agriculture is a guide to home management, with emphasis on families, dwellings, furnishings, and communities. There is also material on barrier-free housing for the handicapped and specially de-

signed clothing for the aged and the handicapped.

Household Ecology

by Julia Percivall,
narrated by John Seitz,
3R.APH

RD 6319

Practical guide to household cleaning, natural beauty aids, gardening, shopping, and reusing discards. For consumers concerned about ecological living. For high school and adult readers.

Nobody Said You Had to Eat off the Floor

by Carol G. Eisen,
narrated by Roni Dengel,
5R.APH

TB 4049

The wife of a psychiatrist humorously counsels women on their housekeeping hangups and suggests why they may not be able to manage at home. Also discusses ways to organize and

maintain a safe and sound ecological household.

Starting from Scratch; a Guide to Home Decorating

by Joanna Barnes,
narrated by Terry Hayes
Sales, 5R.APH

TB 2665

Offers ideas and suggestions for the homemaker's interior decorating problems. Includes tips on planning for space and function with walls, floors, and essential furniture.

Style for Living; How to Make Where You Live You

by Alexandra Stoddard,
narrated by Patricia
Peardon, 4R.AFB

RD 7537

Practical suggestions and creative ideas for home improvement. Discusses space, floors, windows, and upholstery.

CASSETTES

Home Repairs Any Woman Can Do

by Tom Philbin,
narrated by Eugene
Kressin, 1C.

RC 7709

Explains in easily understood, down-to-earth language how to fix things the right way the first time. Includes plumbing, furniture, electricity, windows, doors, and a special section on miscellaneous troubles.

How to Do Almost Everything

by Bert Bacharach,
narrated by Paul
Boesch, 7C.

CB 796

Compendium of practical advice on clothes, grooming, housekeeping, cars, and cooking. Includes unusual tips, such as using orange juice to make patent leather shine, mint to ward off mice, and damp tinfoil to remove rust spots from chrome.

In Celebration of Small Things

by Sharon Cadwallader,
narrated by Patricia
Beaudry, 3C.

RC 8040

Do-it-yourself guide to repairing pipes and wiring, building beds and shelves, painting, canning, and sewing. Also explains how to shop defensively at the supermarket and how to set up community cooperatives for the theater, gardening, or auto repair.

Starting Out; the Guide I Wish I'd Had When I Left Home

by Lili Krakowski,
narrated by Dee Speed
Elder, 3C.

RC 8753

Guide for young people setting up their first household. Suggestions on finding inexpensive living quarters, furnishings, clothing, and food.

You Can Do It from a Wheelchair

by Arlene E. Gilbert,
narrated by Janet
Marchmont, 2C.

RC 7871

A mother of four who leads a nearly

normal life despite multiple sclerosis explains how to manage general house-keeping, cooking, child care, and personal grooming.

BRaille

The Bride's Guide for Young Marrieds
by Betty Rolston,
4V.APH **BR 2320**

This comprehensive guide offers practical advice on money management, housekeeping, furnishings, food shopping, meal planning, and entertaining. Helpful to couples who are newly married or planning to marry.

Home Remedies; Fixing Up Houses and Apartments, Mostly Old, but Also Otherwise

by Christopher Fahy,
2V.APH **BR 2989**

A personal account of a young couple's experiences in renovating their various dwellings. Offers practical step-by-step instructions for the novice, with tips

on roof repair, insulation, painting, plumbing, and electrical work.

Home Repairs Any Woman Can Do

by Tom Philbin, 1V.APH **BR 2349**

Explains in easily understood, down-to-earth language how to fix things the right way the first time. Includes plumbing, furniture, electricity, windows, doors, and a special section on miscellaneous troubles.

How to Repair Electrical Appliances

by Gershon J. Wheeler,
3V.APH **BR 2120**

Concise step-by-step instructions on the repair and maintenance of toasters, lamp switches, washing machines, irons, blenders, and many other appliances.

Super Handyman's Fix and Finish Furniture Guide

by Al Carrell, 2V.APH **BR 2887**

Covers basic repairs, stripping, and furniture making. Special chapters on protecting finished projects from damage.

COOKING

**'A loaf of bread,' the Walrus said,
'Is what we chiefly need:
Pepper and vinegar besides
Are very good indeed.'**

**—Louis Carroll,
Through the Looking Glass**

DISCS

Bless This Food: The Anita Bryant Family Cookbook

by Anita Bryant,

narrated by Mitzi

Friedlander, 4R.APH **RD 8439**

The singing star, wife, and mother in a Christian household shares her opinions, thoughts, and recipes. Prayers are interspersed with ideas for family meals, holidays, picnics, and church suppers.

The Cheese Book; a Definitive Guide to the Cheeses of the World, from Fresh Country Cheeses to Cheddars and Blues, Parmesan, Camembert and Brie, Pungent Goat Cheeses, and the Richest Cremes . . . and a Collection of Great Cheese Recipes

by Vivienne Marquis,

narrated by Janis Gray,

7R.APH **TB 4559**

Cheeses are grouped by flavors, and

relationships between familiar cheeses are shown. Pointers on buying, storing, and serving cheese are given, as well as suggestions for cheese tasting.

Come Cook with Me

by Maurice Brockway,

narrated by Guy Sorel,

4R.AFB **TB 1877**

Memoirs. The former banquet manager of the Plaza Hotel and later of the Sheraton East in New York presents family anecdotes and authentic recipes of favorite dishes.

A Cookbook for the Leisure Years, with Dividends for You of Money, Time, and Energy

by Phyllis MacDonald,

narrated by Eugenia

Rawls, 5R.AFB **TB 1967**

Designed especially for retired persons, this book stresses planning for efficient shopping, economy, and nutri-

tious well-balanced meals. Discusses storage, light diets, cooking for one, and recipes for weight watchers. Suggested menus include recipes by well-known people over sixty.

The Diabetic Gourmet

by Angela J. M. Bowen,
narrated by Larry
Robinson, 5R.AFB

TB 3733

Brief discussion of different diabetic diets and their general nutritional principles. Also presents recipes suitable for the family and the diabetic, including recipes contributed by diabetic patients.

Fun with Cooking

by Mae B. Freeman,
narrated by Jack Shaw,
1R.APH

TB 3177

Step-by-step explanations of recipes for main dishes, beverages, salads, and desserts that are fun to cook and to eat. Slowly read text. For grades 4–6 and older readers.

How to Make Elephant Bread

by Kathy Mandry,
narrated by Hal Tenny,
1R.APH

RD 6534

Fifteen simple, funny recipes for drinks and snacks, including Monkey Business, Jungle Juice, Spooky Cream, and Elephant Bread. For grades K–3.

With Bold Knife and Fork

by Mary F. Fisher,
narrated by Harold
Scott, 8R.AFB

TB 3027

An authority on cookery discusses the great cooking delights of her life and shares nearly two hundred memorable recipes.

CASSETTES

The Beany Malone Cookbook

by Lenora Weber,
narrated by Lee Krebs,
3C.

RC 7756

Beany Malone shares her favorite recipes. Includes organic-food and ground-beef recipes and ideas for cookouts and other special occasions. For grades 6–9.

The Best of Jewish Cooking

by Phyllis Frucht,
narrated by Janis Gray,
6C.

RC 8702

For the Jewish, the Kosher, and the non-Jewish cook alike. Menus and recipes for all the holidays, traditional dishes, and a wide selection of adapted international recipes.

Eat Well and Stay Well

by Ancel B. Keys,
narrated by Marjorie
March, 6C.

RC 8752

For everyone who wants to know how diet affects the heart, arteries, and

blood-cholesterol levels. Saturated and unsaturated fats and modern reducing are clearly and simply explained. Many inviting recipes included.

Esquire's Handbook for Hosts

by Roy A. De Groot,
narrated by Peter Case,
6C.

RC 8635

A guide to elegant entertaining by a gourmet. Mr. De Groot, who was blinded in World War II, offers dozens of humorous anecdotes about the famous and not-so-famous and supplies practical help for the host, whether at home or in a restaurant.

Girl Scout Cookbook

by Girl Scouts of the
U.S.A., narrated by
Patricia Beaudry, 2C.

RC 8042

Over one hundred and fifty recipes for appetizers, main dishes, vegetables, soups, sauces, breads, and desserts. For intermediate cooks of all ages.

The Grammar of Cooking

by Carol Braidy,
narrated by Mitzi
Friedlander, 3C.

RC 8690

Introduces the fundamentals of food preparation by providing the reader with enough information to understand recipes and be at ease in the kitchen whether making a simple stew or an elegant sauce.

The Home Has a Heart

by Thyra F. Bjorn,
narrated by Jean
Brierley, 4C.

CB 201

A cookbook with a difference by the Swedish-born author of Dear Papa. Combines menus and recipes for each month of the year with reminiscences on childhood and family life. Each section begins with a brief prayer and ends with a helpful household hint.

How to Eat Better for Less Money

by James A. Beard,
narrated by Mary Jane
Higby, 11C.

CB 331

Nutritious meals for families on a budget. Explains how to use inexpensive cuts of meat and gives recipes for all courses, from soup to dessert.

I Hate to Cook Book

by Peg Bracken,
narrated by Betty Jean
Kolenda, 4C.

CB 424

Amusing guide with recipes to "swear by instead of swearing at." Over thirty main dishes, potluck suppers, and leftovers. Party planning and household hints are also included.

The Microwave Oven Cookbook

by Loyta Wooding,
narrated by Betty
Massey, 3C.

RC 8580

Answers questions from owners and would-be owners of microwave ovens. Tells how microwave-cooked foods can be made to taste better and look attrac-

tive. Offers complete menus and recipes and a section on freezer-to-table meals.

Pearl's Kitchen; an Extraordinary Cookbook

by Pearl Bailey,
narrated by Pearl Bailey,
2C. **RC 8552**

The popular singer wrote this book at her kitchen table late at night, "thinking of yesterday and cooking for tomorrow." Contains advice on child rearing, entertaining, and housekeeping.

The Perfect Dinner Party Cookbook

by Ceil Dyer, narrated by
Virginia Cromer, 3C. **RC 8698**

How to plan, organize, and program dinner parties from cocktails to after-dinner coffee. Includes complete menus and recipes for appetizers, main courses, and desserts.

Recipes for a Small Planet; the Art and Science of High Protein Vegetarian Cookery

by Ellen B. Ewald,
narrated by Judy
London, 4C. **RC 8034**

Offers a solution to the meat shortage, with recommendations for high-protein meatless cooking.

Three Hundred and Sixty-five Ways to Cook Hamburger

by Doyle Nickerson,
narrated by Charlie
Ryle, 3C. **CB 618**

Imaginative recipes for preparing an

old standby. Nine separate sections include recipes for foreign dishes and American favorites, with thirty-five variations on the basic hamburger and thirteen sauces for broiled and grilled patties.

Weight Watchers Program Cookbook

by Jean Nidetch, narrated
by Juanita Bethea, 5C. **RC 8022**

Gives full details of the successful program followed by millions throughout the world. Includes a wide variety of foods cooked according to the Weight Watcher menu program.

The Wonderful World of Yogurt

by Dorothy Parker,
narrated by Mary Jane
Higby, 2C. **CB 723**

How to make yogurt and 200 ways to prepare delectable dishes with it. Praises yogurt as a nearly perfect food for use as a milk substitute and in salads, sauces, and baked foods.

BRAILLE

Around the World in Eighty Dishes

by Polly Van der Linde,
1V.APH **BR 2327**

Two young sisters developed, tested, and selected the recipes in this international cookbook. Includes recipes for Swiss gruyère pie, Greek lamb kebabs, British peanut brittle, Dutch cocoa, and other treats. For grades 4–7.

The Fannie Farmer Junior Cook Book

by Wilma L. Perkins,

2V.APH

BR 2067

Easy-to-follow recipes with hints on measuring, mixing, and cleaning up. For grades 5–7.

Herbcraft

by Violet Schafer,

1V.APH

BR 1958

Compendium of myths, romance, and common sense about the uses, properties, and mysteries of twenty-six herbs. Includes a shopping guide and recipes.

The Home Has a Heart

by Thyra F. Bjorn, 2V.APH **BR 925**

A cookbook with a difference by the Swedish-born author of Dear Papa.

Combines menus and recipes for each month of the year with reminiscences on childhood and family life. Each section begins with a brief prayer and ends with a helpful household hint.

Home Preserving Made Easy; a Complete Guide to Pickling, Smoking, Canning, Drying, Freezing, and Jelly-Making

by Vera Gewanter,

4V.APH

BR 2960

Useful information on every aspect of preserving and storing food. Draws on old American and European traditions and includes special sections on making wine, cheese, sausage, and preserves.

Kids Cooking; the Aileen Paul Cooking School Cookbook

by Aileen Paul, 1V.APH **BR 1551**

Simple step-by-step instructions in safe cooking methods. Tells how to plan and prepare basic breakfast, lunch, dinner, snack, and party foods. Spiced by recipes for unusual foods such as orange-sugared pecans and Pennsylvania Dutch funnel cake. For grades 3–7.

The Low Salt, Low Cholesterol Cookbook

by Myra Waldo, 4V.APH **BR 1906**

Contains 300 tempting, unusual recipes ranging from appetizers to desserts. Includes tables of nutritive values.

Many Hands Cooking; an International Cookbook for Girls and Boys

by Terry T. Cooper,

1V.APH

BR 3062

This collection of savory recipes from forty countries includes groundnut soup from Nigeria, guacamole from Mexico, baked fish from Iceland, and lamb kebabs from Turkey. Each recipe is coded simple or difficult. For grades 4–8.

Mealtime Manual for the Aged and Handicapped

by Institute of

Rehabilitation Medicine,

3V.APH

BR 1400

Guide to simple well-balanced meals. Offers helpful solutions for blind,

elderly, arthritic, or handicapped cooks. Included are chapters on shopping and selecting appliances.

Milk, Butter, and Cheese; the Story of Dairy Products

by Carolyn Meyer,

1V.APH

BR 2611

Recipes, legends, and historical facts add zest to this survey of milk, milk products, and the giant dairy industry. For grades 5–8.

My Own Cook Book; from Stillmeadow and Cape Cod

by Gladys Taber,

3V.APH

BR 2123

In the belief that half the fun of discovering a new dish is in the sharing, Mrs. Taber offers 300 recipes gathered from friends and her private collection. Easy-to-follow directions for all courses, from canapés to desserts.

The New Pillsbury Family Cookbook

by Pillsbury Company,

10V.APH

BR 2559

Down-to-earth facts on food combined with recipes for everyday meals and special occasions.

The Party Book for Boys and Girls

by Bernice W. Carlson,

2V.APH

BR 1822

Each chapter describes a different kind of party with novel ideas for invitations, decorations, favors, refreshments, and games. For grades 4–7.

Preserving the Fruits of the Earth; How to “Put Up” Almost Every Food Grown in the United States—in Almost Every Way

by Stanley Schuler,

4V.APH

BR 2757

Instructions for drying and dry-storing foods, curing and smoking meat, poultry, fish, brining vegetables, threshing and milling grain, making wine, freezing, and canning. A listing of foods grown and preserved in this country is included.

The Quick and Easy Electric Skillet Cookbook

by Ceil Dyer, 3V.APH

BR 1169

More than two hundred tested recipes using the electric skillet—from breakfast and brunch to dinner and parties.

Stalking the Wild Asparagus

by Euell Gibbons,

3V.APH

BR 2004

How to find, gather, prepare, and use the natural health foods that grow wild. Lively commentary mixed with detailed recipes for turning ordinary wild fruits and vegetables into tasty dishes.

The Wine and Food Society’s Guide to Eggs

by Margaret Sherman,

2V.APH

BR 1408

Offers a variety of egg dishes and egg-based recipes from soups to soufflés and mousses. Includes menus featuring egg dishes for special occasions.

GARDENING

... such gardens are not made by singing, 'Oh, how beautiful!' and sitting in the shade.

—Rudyard Kipling,
The Glory of the Garden

DISCS

Gardens Are for Eating

by Stanley Schuler,
narrated by Donald
Hotaling, 10R.AFB

TB 3934

Sensible approach to such basic matters as soils, pests, and the size of gardens. Discusses each vegetable and fruit and gives a list of recommended varieties. Includes a chapter on culinary herbs and an introduction to soil-less gardening.

Grow It! The Beginner's Complete In-Harmony-with-Nature Small Farm Guide, from Vegetable and Grain Growing to Livestock Care

by Richard W. Langer,
narrated by Ryan

Halloran, 10R.APH

TB 4808

Practical beginner's guide to good country living. Step-by-step explanation of farming with an easygoing com-

bination of philosophy, advice, and specifics. Includes a list of useful catalogs and where-to-buy items and a bibliography.

Herbs to Grow Indoors for Flavor, for Fragrance, for Fun

by Adelma G.

Simmons, narrated by

Alan Haines, 3R.AFB

TB 4046

A horticulturist who runs an herb farm in Connecticut gives practical advice on soil mixing, tools, plant selection, potting, drainage, and indoor plant care. Includes a brief history and herb recipes.

Landscape for Living

by U.S. Department of
Agriculture, narrated

by Robert Mount, 7R.AFB **RD 6424**

Gives complete background information and advice for home gardeners. Explains improving the environment with plants and discusses land plan-

ning, redesigning downtown shopping areas, and careers in horticulture for handicapped young people.

Making Things Grow; a Practical Guide for the Indoor Gardener

by Thalassa Cruso,

narrated by Alan

Haines, 7R.AFB

TB 3023

Basic rules for growing plants indoors. Describes tried and tested methods for growing plants in windows or under lights for long periods of time.

One Thousand Beautiful House Plants and How to Grow Them

by Jack Kramer,

narrated by Alan

Haines, 6R.AFB

TB 4046

An alphabetical listing of house plants by scientific name. Also gives popular names, brief descriptions, cultural notes, and recommendations for each species. The House Plant Clinic section discusses plant ailments and their causes, symptoms, and treatment.

Plants Are like People

by Jerry Baker,

narrated by Richard

Norman, 3R.AFB

RD 6703

Advises anyone who wants to garden successfully to look on plants as people with their own personalities and special language. Covers a wide range of gardening subjects and shows that love and encouragement are as necessary for plants as for growing children.

The Secret Life of Plants

by Peter Tompkins,

narrated by Frank

Coffee, 5R.AFB

RD 7182

Analyzes modern scientific evidence on human-plant telepathy, plant sensitivity to sound and color wavelengths, and the possibility of conscious perception in the botanical kingdom.

Stalking the Good Life

by Euell Gibbons,

narrated by George

Backman, 3R.AFB

RD 6049

"Love, enjoy, and understand nature and it won't be necessary to conquer her," says the author-naturalist. World famous as a forager of wild foods and herbs and at home in field or kitchen, he is also concerned with preserving the environment.

To Everything There Is a Season; the Gardening Year

by Thalassa Cruso,

narrated by Mitzi

Friedlander, 4R.APH

RD 6992

Short informative essays by the popular television-gardener. Includes gardening advice and personal memories.

CASSETTES

The Small Garden Book

by R. Milton Carleton,

narrated by Gwen

Davenport, 7C.

CB 435

For the beginning gardener who has a

limited amount of time but enjoys growing plants. Emphasizes careful planning to reduce maintenance. A chapter on small gardens for the handicapped is included.

BRAILLE

Gardening without Stress and Strain

by Jack Kramer,

1V.APH

BR 2556

Discusses wheelchair and container gardens and explains tricks and shortcuts for the aged or handicapped gardener.

House Plants for Every Window

by Dorothy H. Jenkins,

2V.APH

BR 2081

Detailed instructions on how to plant and grow 300 plants, many for window-garden enthusiasts. Thorough descriptions of soil, potting, pests, propagation, and summering.

Plants for Pots; Projects for Indoor Gardeners

by D. X. Fenten,

1V.APH

BR 1538

Indoor gardening guide with easy-to-follow instructions on growing plants from familiar fruits and vegetables, cuttings, seeds, and bulbs. Includes plans for attractive terrariums and describes special gardening projects for each month of the year. For grades 5–9 and older would-be gardeners.

CHILD CARE

Children begin by loving their parents;
as they grow older they judge them;
sometimes they forgive them.

—Oscar Wilde

The Picture of Dorian Gray

DISCS

Childhood Illness; a Common Sense Approach

by Jack C. Shiller,
narrated by Donald
Hoteling, 3R.AFB

RD 6408

This practical guide urges parents to use common sense and resources at hand rather than medical intervention for uncomplicated ailments. Symptoms of diseases are listed, and medical terms defined.

The Common Sense Book of Baby and Child Care

by Benjamin M. Spock,
narrated by Eugenia

Rawls, 9R.AFB

TB 1731

In this complete handbook for parents, a prominent pediatrician gives practical, easy-to-understand advice on the everyday problems that arise in the

physical and psychological care of babies and children.

The Franklin Watts Concise Guide to Baby-Sitting

by Rubie Saunders,
narrated by John Seitz,
1R.APH

RD 6449

Gives tips on finding baby-sitting jobs and setting rates. Includes information on child care, safety measures, and organizing a summer play school. For grades 5–9.

The Modern Parents' Guide to Baby and Child Care

by Violet Broadribb,
narrated by Dee

Victor, 5R.AFB

RD 6811

Covers all aspects of a child's development from conception to early adolescence, analyzes family relationships, and discusses emotional as well as physical needs.

CASSETTES

Let's Talk about Adoption

by Susan Klibanoff,
narrated by Virginia
Cromer, 3C.

RC 8677

A father and mother examine the problems of adoption that bewilder parents, social workers, and children.

Problems of Parents

by Benjamin M. Spock,
narrated by Dr. Oscar
Block, 8C.

CB 255

The well-known pediatrician offers sympathy and advice on the difficulties of parenthood. Assures parents that their problems are shared by many

others and suggests practical solutions.

Teach Your Baby; a Complete Tested Program of Simple Daily Activities for Infants and Small Children, Designed to Develop Learning Abilities to the Fullest Potential

by Genevieve Painter,
narrated by Kay
Bergen, 4C.

CB 495

On the basis of her research teaching babies under two years, Dr. Painter claims that parents can provide enriching home-based learning experiences such as singing, speech games, and other activities calculated to raise a child's intelligence quotient.

PERSONAL FINANCE

If you would know the value of money,
go and try to borrow some; for he that
goes a borrowing goes a sorrowing.
—Benjamin Franklin,
The Way to Wealth

DISCS

Champagne Living on a Beer Budget; How to Buy the Best for Less

by Mike Ferguson,
narrated by Donald
Hotaling, 6R.AFB

TB 2192

For the value-conscious consumer, this guide offers much information on shopping for the ordinary necessities, as well as for doctors, drugs, insurance, investments, gifts, and entertainment.

The Consumer's Guide to Insurance Buying

by Vladimir P. Chernik,
narrated by Donald

Hotaling, 6R.AFB

TB 3925

Practical information on different types of insurance. Claims that commercial insurance companies place profit be-

fore public service. To avoid costly errors, the consumer is advised to study his insurance needs with care.

Dollars and Sense; Your Complete Guide to Wise Buying

by Ella Gale, narrated

by Lee Johns, 6R.APH

TB 1276

A writer for Consumer Reports and experienced shopper offers advice on stretching the consumer dollar and cautions against possible unethical advertising and sales practices.

Getting the Most for Your Money; How to Beat the High Cost of Living

by Anthony Scaduto,
narrated by Donald

Hotaling, 6R.AFB

TB 3337

Sound hints and suggestions on living with inflation. Covers consumer assistance, food, clothing, cars, colleges, real estate, and health care.

How to Buy Stocks

by Louis Engel, narrated

by Paul Clark, 8R.APH **TB 4252**

Clear, basic guide to securities. Explains how they are issued and traded, and how the investor is served and protected.

The Intelligent Consumer; How to Buy Food, Clothes, Cars, Houses, Vacations, Appliances at the Least Cost to Yourself and the Environment

by Christopher

Weathersbee, narrated

by Saul Katz, 6R.AFB **RD 7050**

A suburban couple explains how to eat less and enjoy it more, and how to shop with an "environmental eye."

Money: Whence It Came, Where It Went

by John K. Galbraith,

narrated by Alan Hewitt,

5R.AFB **RD 8356**

A Harvard professor of economics presents a controversial history of money from antiquity to the present, emphasizing the lessons offered by the history of money.

Personal Money Management

by American Bankers

Association, narrated by

David Fleming, 2R.AFB **TB 3401**

Sound approaches to personal finances. Explains how to use credit, choose the right insurance, and make sound investments.

Your Money; How to Make It Stretch

by Sylvia Auerbach,

narrated by Randy

Atcher, 5R.APH

RD 8493

A consumer affairs specialist offers this guide on easy sound money management for young people interested in keeping up with today's lifestyles. Topics discussed include budgets, credit, checking and savings accounts, insurance, jobs, tax returns, and real estate.

CASSETTES

How to Live Cheap but Good; a Primer for People with High Tastes and Low Income

by Martin Poriss,

narrated by Lila

Lerner, 6C.

CB 530

Practical survival guide for young people with little money. Has unusual, clever suggestions for beating the high cost of living.

How to Make the Most of Your Money

by Sidney K. Margolius,

narrated by Connie

Champlin, 9C.

CB 300

A well-known writer on consumer affairs explains how families can build a sound financial basis and begin achieving their goals. Discusses common money problems and their causes, housing, food, transportation, medical care, taxes, and savings. Includes a bibliography and a list of agencies that offer financial guidance programs.

The Innocent Investor and the Shaky Ground Floor

by Sidney K. Margolius,
narrated by Cynthia
McGraw, 7C.

CB 462

Warns against get-rich-quick schemes in the stock market and in business. Advises on mutual funds, trust funds, tax exempt securities, broker's fees, popular growth stocks, and other investment plans.

Kiplinger Book on Investing for the Years Ahead

by John W. Hazard,
narrated by George
Walsh, 8C.

CB 445

Basic guide for the average or nonprofessional investor. Covers the main approaches to investing and devotes one chapter to advice for widows.

The New York Times Guide to Personal Finance

by Sal Nuccio, narrated
by Anthony Reid, 4C.

RC 7722

Practical, common-sense guide to income tax, life insurance, loans, installment buying, pension plans, investments, credits, and mortgages.

Sylvia Porter's Money Book; How to Earn It, Spend It, Save It, Invest It, Borrow It, and Use It to Better Your Life

by Sylvia F. Porter,
narrated by Gwen
Davenport, 16C.

RC 8564

Popular guide to earning, spending,

and managing money. Includes sound advice on investments, borrowing, and consumer economics.

You Can Profit from a Monetary Crisis

by Harry Browne,
narrated by Robert
Goodman, 5C.

RC 7908

How to build security in the midst of chaos and profit in the midst of loss.

BRaille

Getting Your Money's Worth; Guidelines about Insurance Policies, Health Protection, Pensions, and Professional Services

by Herbert S.

Dennenberg, 2V.APH

BR 3058

Collection of pamphlets prepared for consumer education by the Pennsylvania Insurance Department. Compares different insurance policies, pension plans, and professional services.

A Guide to Budgeting for the Young Couple

by U.S. Department of
Agriculture,
1Pamph.APH

BR 857

Stresses the importance of a spending plan, shows how to plan a budget and how to make it work, and urges couples to share in the planning.

How to Have More Money

by John Barnes,

5V.APH

BR 2913

Guidelines for investment, with information on mortgages, tax shelters, compound interest, preferred stocks, real estate, investment trusts, bull and bear markets, and the other mechanisms of the money market.

How to Make \$1,000 Grow

by Herbert Dalmas,

1V.APH

BR 2173

Basic rules for handling money successfully and realizing high gains on small, low-risk investments.

How to Make the Most of Your Money

by Sidney K. Margolius,

4V.APH

BR 665

A well-known writer on consumer affairs explains how families can build a sound financial basis and begin achieving their goals. Discusses common money problems and their causes, housing, food, transportation, medical care, taxes, and savings. Includes a bibliography and a list of agencies that offer financial guidance programs.

Making the Most of Your Money; Lessons in Consumer Education for Adults

by Institute of Life

Insurance, 1V.APH

BR 755

Practical, realistic advice on buying used cars, shopping in the supermarket, easy payment plans, and other transactions.

Money and Kids; How to Earn It, Save It, and Spend It

by May P. Lee, 1V.APH

BR 2544

This long list of money-making projects includes information about misleading ads, overpriced goods, price variations, saving, and budgeting. For grades 5–8.

Money: Whence It Came, Where It Went

by John K. Galbraith,

4V.APH

BR 2919

A Harvard professor of economics presents a controversial history of money from antiquity to the present, emphasizing the lessons offered by the history of money.

So You Want to Buy a House

by Al Griffin, 3V.APH

BR 1353

Covers many of the important steps in home buying—financing, legalities, appraisals, agents, and fees. Discusses the problems of construction and contractors, and includes useful information on townhouses, co-ops, and condominiums.

Supershopper; a Guide to Spending and Saving

by David Klein,

2V.APH

BR 1796

Valuable tips for teenagers on how to buy, how not to buy, and how to make money. Topics covered include buying on credit, evaluating advertising claims, finding part-time jobs, and budgeting. For junior and senior high readers.

**Sylvia Porter's Money Book; How to
Earn It, Spend It, Save It, Invest It,
Borrow It, and Use It to Better Your Life**

by Sylvia F. Porter,

15V.APH

BR 2873

Popular guide to earning, spending,
and managing money. Includes sound
advice on investments, borrowing, and
consumer economics.

CONSUMER PROTECTION

**The buyer needs a hundred eyes,
the seller not one.**

**—George Herbert,
Jacula Prudentum**

DISCS

The Billion Dollar Swindle; Frauds against the Elderly

by Amram Ducovny,
narrated by Terry Hayes
Sales, 6R.APH

TB 3291

The Senate Committee on Aging exposed a number of frauds aimed at the elderly. This directory lists all the frauds named in the investigation and agencies that protect consumers from swindlers. Includes advice on fraud prevention.

The Great American Auto Repair Robbery; a Report on a \$10 Billion National Swindle, and What Can Be Done About It

by Donald A. Randall,
narrated by Donald
Hoteling, 4R.AFB

RD 6387

A study of the exploitation of the Amer-

ican motorist. Contends that car owners are systematically victimized by car manufacturers, insurance companies, car dealers, and repair shops. Explains how to save money and fight back.

Health Foods; Facts and Fakes

by Sidney K. Margolius,
narrated by Frank
Coffee, 4R.AFB

RD 7011

Exposé of the fast-growing health food industry and its exploitation of the consumer.

How I Turn Ordinary Complaints into Thousands of Dollars; the Diary of a Tough Customer

by Ralph Charell,
narrated by Lou
Harpenau, 2R.APH

RD 7566

Shares successful tactics used in deal-

ing with department stores, public utilities, car rental companies, mail-order houses, taxi drivers, and repairmen. Includes sample letters and documents for would-be complainers.

The Screwing of the Average Man

by David Hapgood,
narrated by Steve Post,
4R.AFB

RD 7630

Exposé describing how doctors, lawyers, insurance men, bankers, and even the government repeatedly fleece the average man.

The Supermarket Trap; the Consumer and the Food Industry

by Jennifer Cross,
narrated by Richard
Janaver, 5R.AFB

TB 3686

A study of the large manufacturers and retail chains that dominate the food industry. Covers advertising, packaging, special promotional schemes, state food inspection, and many other factors that contribute to the growth of the industry.

The Vulnerable Americans

by Curt Gentry,
narrated by Milton Metz,
9R.APH

TB 2667

Asserts that fraud has become a commonplace in twentieth-century American society. Documents the manipula-

tions of professional confidence men with specific cases.

What to Do When Your Bills Exceed Your Paycheck

by Sidney Sherwin,
narrated by Hal Tenny,
3R.APH

RD 7565

A practicing attorney and specialist in debtor-creditor relations offers solutions to indebtedness and concentrates on debtors' rights. Covers bankruptcy, loans, credit cards, installment buying, tenants' problems, and consumer complaints.

What to Do with Your Bad Car; an Action Manual for Lemon Owners

by Ralph Nader, Lowell
Dodge, and Ralf
Hotchkiss, narrated by

Buckley Kozlow, 5R.AFB **TB 3932**

Shows the unsuspecting buyer how to spot a "lemon" and suggests remedies for the unhappy owner. Recommends that owners take legal action to dispose of their cars and possibly to halt the production of a defective line.

You Can't Take It with You! All about the Preparation of Individual Wills, with Full Attention to Taxes, Probate, and Trusts

by Ralph Richards,
narrated by Donald
Hotaling, 3R.AFB

TB 3337

Consumer's guide to wills, probate, and taxes. Covers laws on dower and

courtesy, descent and distribution, family allowance, and taxes in several states, and advises readers to consult a lawyer before drawing up a will.

CASSETTES

The Great American Food Hoax

by Sidney K. Margolius,
narrated by Cynthia
McGraw, 6C.

CB 370

Claims that food prices have soared while nutritional value has declined. Buying store brands, watching for government grades, avoiding "convenience foods," and using large sizes are only a few of the protective steps suggested.

Ralph Nader's Crusade

by Richard Curtis,
narrated by Fern
Maynard, 2C.

RC 7849

Discusses the work of a successful but controversial consumer advocate. For junior and senior high readers.

BRAILLE

Enough! The Revolt of the American Consumer

by Doris Faber, 2V.APH **BR 2374**
Lively account of the American consumer movement, from Dr. Wiley's Poison Squad in the early 1900s to the great hot dog controversy of 1969 and

Ralph Nader's Raiders. For high school and adult readers.

If It Doesn't Work, Read the Instructions

by Charles Klamkin,
2V.APH

BR 1358

According to this exposé, consumers are cheated almost every time they buy an automatic washer, color TV, refrigerator, or any other major appliance. Contends that the manufacturers deliberately ignore their responsibility once the product leaves the factory.

The Intelligent Buyer and the Tell-Tale Seller

by Dexter Masters,
3V.APH

BR 383

A former editor of Consumer Reports exposes dishonest advertising, shady practices, and manipulation of government in favor of the seller, against the consumer. Includes cases documented with quotations from advertisers and sellers.

People's Yellow Pages of America

by Scott R. French,
6V.APH

BR 2816

Directory of non-rip-off, people-oriented groups, services, and facilities in the United States. Covers food conspiracies, abortions, the environment, and publishing.

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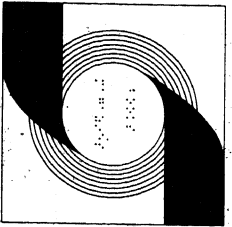
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